**Events and Rules**

Below is a list of events.  For all events, you must qualify at District Games to compete at the State Games. The 2023 State Games will be held in Valley, AL on October 16 - 19, 2023.

**Offered Events:**

* **3-on-3 Basketball Half Court**
* **5K Walk/Run**
* **Basketball Free Throw**
* **Billiards**
* **Bowling**
* **Cornhole (added in 2022)**
* **Dominoes** (Singles and Doubles)
* **Frisbee Throw**
* **Nerfball Throw**
* **Pickleball** (Doubles and Mixed Doubles)
* **Rook**
* **Shuffleboard**
* **Softball Throw**
* **Table Tennis**

All events are divided into**9 age groups.**All events have a **men's division** and a **women's division** and except for Domino Doubles and Rook.  Your age is determined by the age you will be on**December 31st** of the year you play.  **Age groups include**50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, and 90+.

**In the partner events** (Domino Doubles, Rook, Pickleball, and Golf 2-man Scramble) the age of the younger player is the age group you will play in.